Greenwood Academies Trust Secondary Menu

| Monday Week 2 | Tuesday Week 2 | Wednesday Week 2 | Thursday Week 2 | Friday Week 2 |
|---|--------------------------------|-------------------------------------|---|---|
| Main Meal Choice | Main Meal Choice | Main Meal Choice | Main Meal Choice | Main Meal Choice |
| Beef Bolognese and pasta | Chicken Goujons | Roast Beef and Yorkshire Pudding | Roast Ham | Chicken and Sweetcorn Pie |
| Breaded Cod Squares | Sticky BBQ Ribs | Tomato and pesto Pasta | Selection of Mixed Pizza's | Creamy vegetarian Pie |
| Sausage and Tomato casserole | Pasta in a Arrabiatta Sauce | Quorn Sausages | Chicken Tikka | Tom and Basil Pasta |
| Tandoori Chicken | Quorn Dippers | Mushroom Strogano | Pasta ff with a chunky vegetable sauce | Fish Cakes with the control of the |
| Potatoes, Sandwiches and Salad Options | | | | |
| A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection. | | | | |
| Please see our separate menus for Allergen information. Dessert Choice | | | | |
| | | | | |
| A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. Custard is served with desserts as appropriate. Please see our separate cake menu for Allergen information. All menu items are subject to availability. Drinks A selection of Mineral Water, Fruit Juice based drinks & | | | | |
| Flavoured Milk 📴 is available on a daily basis. | | | | |
| Allergen Symbols Glut | Milk | Eggs Sulph | ites Mustard | Peanuts Soya |
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Crustaceans

Molluscs

Nuts

Sesame Oil

iupin Flour

Lupin

Key

Fish

Celery