# Greenwood Academies Trust Secondary Menu 

| Monday <br> Week 2 | Tuesday <br> Week 2 | Wednesday <br> Week 2 | Thursday <br> Week 2 | Friday Week 2 |
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| Main Meal Choice | Main Meal Choice | Main Meal Choice | Main Meal Choice | Main Meal Choice |
| Beef Bolognese and pasta * " | Chicken Goujons <br> * $\square$ <br> dof 8 | Roast Beef and Yorkshire Pudding | Roast Ham | Chicken and Sweetcorn Pie * |
| Breaded Cod Squares | Sticky BBQ Ribs | Tomato and pesto <br> Pasta | Selection of Mixed Pizza's | Creamy vegetarian Pie deg N m |
| Sausage and Tomato casserole | Pasta in a Arrabiatta Sauce | Quorn Sausages | Chicken Tikka | Tom and Basil Pasta |
| Tandoori Chicken | Quorn Dippers moge m | Mushroom Stroganoff $\square$ | Pasta <br> with a chunky vegetable sauce | Fish Cakes <br> N ( 4 曷 |
| Potatoes, Sandwiches and Salad Options |  |  |  |  |
| A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot \& Salad Selection. <br> Please see our separate menus for Allergen information. |  |  |  |  |
| Dessert Choice |  |  |  |  |
|  |  |  |  |  |
| A Selection of Cakes, Fresh Fruit, Yoghurt <br> \& Fruit Pots are available as an alternative to Dessert. Custard is served with desserts as appropriate. <br> Please see our separate cake menu for Allergen information. <br> All menu items are subject to availability. |  |  |  |  |
| Drinks |  |  |  |  |
| A selection of Mineral Water, Fruit Juice based drinks \& Flavoured Milk is available on a daily basis. |  |  |  |  |


| Allergen | + | $\xrightarrow{\text { mix }}$ | \% | 4 | E | \% | \% |
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| Кеу | ${ }^{\text {a }}$ | ${ }_{\text {mon }}^{\text {min }}$ | Y | ${ }^{\text {momes }}$ | \% | Eten | ${ }^{\text {vein }}$ |

