## Greenwood Academies Trust Secondary Menu

Monday Week 2		Tuesday Week 2	Wednesday Week 2		Thursday Week 2		Friday Week 2	
Main Meal Choice	М	ain Meal Choice	Main Meal Choice		Main Meal Choice	Main M	Main Meal Choice	
Sausage & Mash	Ton	n & Pesto Pasta	Roasted Beef & Yorkshire pudding		Cottage Pie		Mixed selection of Panini's	
Creamy Tomato Pass with Diced Gammo	a	Chicken Curry  &  Rice	Pasta Bolognese		Cod Fish Fingers	Sausage	Sausage Casserole	
Quorn Sausage	Quorn Curry Sausage & Rice		Chicken and Vegetable Pie		Tagliatelle  with a Cream and Garlic Sauce	l la	Glamorgan Sausage Hot-Dog	
Crumbed Haddock		icken Chasseur	Roasted Quorn Fillet		Vegetable Cottage Pie		ta Bake	
Potatoes, Sandwiches and Salad Options								
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection.  Please see our separate menus for Allergen information.								
Dessert Choice								
		A						
A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. Custard is served with desserts as appropriate.  Please see our separate cake menu for Allergen information.  All menu items are subject to availability.  Drinks								
A selection of Mineral Water, Fruit Juice based drinks &  Flavoured Milk is available on a daily basis.								
Allergen Gluten Milk			Eggs Sulphites		Mustard	Peanuts	Soya	
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Crustaceans

Molluscs

Wpin Flour

Lupin

Key

Fish

Celery

Sesame Oil

Nuts